

# Monday Night Gridiron Club Newsletter

P.O. Box 1382 Attleboro Falls, MA

# "Message from the Gridiron Club"

Welcome to Big Red Football 2012!

I hope everyone is enjoying the summer. Before you know it, we will be spending our Friday nights at Community Field cheering on Head Coach Don Johnson and the 2012 Red Rocketeers as they embark on the 2012 season and defense of the Hockomock League title. This newsletter will hopefully provide you with some useful information concerning both the team and the Gridiron Club. If you are new to the football program please check out our website at <u>www.redrocketeers.com</u>. Each week during the season it is updated with news, important dates, game scores, game photos, and much more. We look forward to seeing you all at the field!

The Monday Night Gridiron Club

# <u>Tradition</u>

North Attleboro takes great pride in our football program. For decades the Red Rocketeers have been one of Massachusetts' premiere interscholastic football programs. As part of Big Red Football your sons will be asked to maintain a very high standard on and off the field. The lessons they learn relative to dedication, sacrifice, and being part of a team will serve them well the rest of their lives. The stage is set as we head towards another exciting season. Their success will be derived from a commitment to preparation and hard work. It starts at home, continues in the class room, and will be reinforced on the field.

### Three New Leaders

This season's tri-captains are **Harrison Carmichael**, Alex Jette, and Sean Peters. All three have distinguished themselves on and off the field. They are charged with continuing North's dedication to LTD. (Loyalty, Toughness, and Discipline).

Preparation for a successful season starts long before August. The off- season weight training/strengthening program, a foundation for success on the field, has been in full swing since the end of school in June and varsity skilled position players have been working on offensive and defensive passing skills in the Bridgewater-Raynham Passing League.

To further prepare themselves for the challenges of the season ahead, captains' practice, a rigorous routine of fitness drills, will begin July 30 and continue three days per week until the start of official coaches' practices.

#### Parent's Meeting

This year's Pre-Season Parent's Meeting will be held for all parents on **Sunday, August 19<sup>th</sup> at 6:00 pm**, in the high school theatre. **Parents of all players are encouraged to attend**. Head Coach Don Johnson and the entire coaching staff will discuss this year's program and their expectations. This meeting will be especially informative, as the schedules and practice routines for the season will be explained in detail. **Incoming freshman parents, in particular, are strongly encouraged to attend**.

## <u>Schedule</u>

The first coaches' practice of the season is currently scheduled for Monday August 20<sup>th</sup>. The entire varsity pre-season and game schedules follow. Please keep this for reference. Also please be aware all dates and times are subject to change due to weather conditions, field conditions, gym availability, and/or other factors. **Attendance is absolutely mandatory** for all official team practices and activities.

#### <u>Scrimmages</u>

Scrimmages are currently scheduled for Saturday August 25<sup>th</sup> at Downes Field vs. Brookline/Cambridge at 1:00PM, Wednesday Aug. 29<sup>th</sup> at Beaupre Field vs. Marshfield/Stoughton at 4:00PM, and Saturday September 1<sup>st</sup> at Beaupre Field vs. Dartmouth at 10:00AM. If a scrimmage is cancelled due to weather, it would most likely be played the next day, including Sundays.

#### Pre-Season Cookout

Immediately following the September 1<sup>st</sup> scrimmage the Monday Night Gridiron Club will be hosting our annual pre-season cookout for all players and their families; freshmen, JV, and varsity. We encourage everyone to attend and get to know the players, families, and coaches. Food is supplied by the Gridiron Club but we do ask that you supply your own beverages (non-alcoholic).

#### PRE-SEASON SCHEDULE (Varsity/JV)

August 8	9:00 AM	Team Meeting & Physicals		
August 19	4:00 PM	Fitness Testing Part 1		
-	6:00 PM	Parents' Night		
August 20	9:00 AM	Fitness Testing Part 2 & ImPACT Testing		
-	5:00 PM	Practice (helmets only)		
August 21	9:00 AM	Equipment Distribution & ImPACT Testing		
	5:00 PM	Practice (helmets only)		
August 22	9:00 AM	Organized Team Activity		
	5:00 PM	Practice (helmets only)		
August 23	9:00 AM	Practice (full pads)		
	4:00 PM	Organized Team Activity		
	7:00 PM	Practice (full pads)		
August 24	9:00 AM	Practice (full pads)		
	4:00 PM	Organized Team Activity		
	7:00 PM	Practice (full pads)		
August 25	1:00 PM	Tri- Scrimmage v. Brookline & Cambridge (Downes Field)		
August 27	9:00 AM	Organized Team Activity		
	5:00 PM	Practice (full pads)		
August 28	9:00 AM	Organized Team Activity		
	5:00 PM	Practice (full pads)		
August 29	9:00 AM	Organized Team Activity		
	4:00 PM	Tri-Scrimmage v. Marshfield/Stoughton (Beaupre Field)		
August 30	9:00 AM	Organized Team Activity		
	3:00 PM	Practice (full pads)		
August 31	9:00 AM	Practice (helmets only)		
	3:00 PM	Practice (full pads)		
September 1	10:00 AM	Scrimmage v. Dartmouth (Beaupre Field)		
	12:00 PM	Gridiron Cookout		
September 3	5:00 PM	Practice (LABOR DAY)		
September 4	3:00 PM	Practice		
September 5	3:00 PM	Practice		
September 6	3:00 PM	Practice		
September 7	First Game v. LaSalle Academy (7:00 PM Community Field)			

### Monday Night Gridiron Club Membership

In addition to presentations by the coaches on August 19<sup>th</sup>, you will have the opportunity to learn more about the **Monday Night Gridiron Club**. The Gridiron Club is the non-profit booster club founded to provide the team and coaches with the tools and support they need to run a successful program. For many years the school's budget has not been able to provide the football program with everything needed. This is where the **Monday Night Gridiron Club** steps in. Through fundraising the club is able to provide the team with items that they would otherwise have to go without. Out of necessity in recent years the Gridiron Club has purchased helmets, game pants, game jerseys, practice jerseys, sideline headphones, rib pads, chin straps, and blocking pads. The Gridiron Club also funds a scholarship awarded annually to a graduating senior and provides stipends for volunteer coaches. The ongoing needs of a successful program with 150 players are substantial and more than the town is currently able to provide.

Some have the mistaken impression that the football program is heavily funded and all needs readily filled. I can assure you that is not the case. The misunderstanding often seems to stem from the belief that the high school football program receives the revenue from gate receipts and concessions. All gate receipts or ticket sales go directly to the school system to support busing costs for all the school funded sports programs. The concession stand is operated by and for the benefit of the North Attleboro Pop Warner Junior Football program. Football is a "school funded" program but the current funding level does not go beyond the most basic needs. The ability of the Monday Night Gridiron Club to provide additional support has never been more important.

Gridiron Club memberships are one of the primarily fund raisers. A Gridiron Club membership form is attached for your reference and the Gridiron Club will be set up in the high school lobby on Parents' Night. We invite all parents to become active supporters of the club and the program. Membership is \$25 per family and, although it is not mandatory, we ask that every family contribute if possible. In 2011 there were 109 Gridiron Club members and with 150 families involved in the football program we hope to surpass that number in 2012. When you sign up you will receive a "Gridiron Gang" t-shirt to show your support and your name will appear in the program book sold at all home games. To learn more please visit our website, <u>www.redrocketeers.com</u>.

Enjoy the rest of the summer and get ready for a great fall!

2012 Big Red Schedule	2012 JV Schedule	2012 Freshmen Schedule	
Fri. Sep. 7 v. LaSalle			
Fri. Sep. 14 at. BC High	Mon. Sep. 17 v. BC High	Thu. Sep.13 v. BC High	
Fri. Sep. 21 at Bishop Feehan	Sat. Sep. 22 v. Bishop Feehan	Thu. Sep. 20 v. Bishop Feehan	
Fri. Sep. 28 at Foxborough	Mon. Oct. 1 v. Foxborough	Thu. Sep. 27 v.Foxborough	
Fri. Oct. 5 at Franklin	Mon. Oct. 8 v. Franklin	Thu Oct. 4 v. Franklin	
Fri. Oct. 12 v. Stoughton	Mon. Oct. 15 @ Stoughton	Thu. Oct. 11 @ Stoughton	
Fri. Oct. 19 at Taunton	Mon. Oct. 22 v. Taunton	Thu. Oct 18 v. Taunton	
Fri. Oct. 26 v. Mansfield	Mon. Oct. 29 @ Mansfield	Thu. Oct. 25 @ Mansfield	
Fri. Nov. 2 v. Canton	Mon. Nov. 5 @ Canton	Thu. Nov. 1 @Canton	
Sat. Nov. 10 v. King Philip	Mon. Nov. 12 @ King Philip	Thu. Nov. 8 @ King Philip	
Thurs. Nov. 22 at Attleboro	Sat. Nov. 17 v. Attleboro	Sat. Nov. 17 v. Attleboro	
	<u>GO BIG RED!!!</u>		



# **Monday Night Gridiron Club**

P.O. Box 1382 Attleboro Falls, MA 02763 www.redrocketeers.com

The Monday Night Gridiron Club strives to provide support and financial assistance to the North Attleboro High School Football Program. With the current school funding challenges the need for help has never been greater. All proceeds directly benefit the North Attleboro High School Football Program.

Monday Night Gridiron Club members are proudly listed in the football program ad book and receive a "Gridiron Gang" t-shirt to show their generous support of their community, neighbors, and the North Football Tradition.

# 2012 MEMBERSHIP

Name:	As will appear in program	Please check all that apply:
Address:	-	Friend of the Red Rocketeers
Telephone:	_	Red Rocketeer Alumni – Class of:
Email:	-	Parent of Player(s) Player(s) Name(s):

Membership dues: \$25.00 per family - Additional shirts available at \$10 each

Total Amount		Please make checks payable to & mail to:	
Membership:	\$25.00	Monday Night Gridiron Club	
Additional Shirts:		P.O. Box 1382	
:		Attleboro Falls, MA 02763	
Additional Contribution:			
TOTAL		Shirt Size/s:	