



Monday Night Gridiron Club Newsletter

P.O. Box 1382
Attleboro Falls, MA

"Message from the Gridiron Club"

Welcome to Big Red Football 2013!

I hope everyone is enjoying the summer. Before you know it, we will be spending our Friday nights at Community Field cheering on Head Coach Don Johnson and the 2013 Red Rocketeers as they embark on the 2013 season. This newsletter will hopefully provide you with some useful information concerning both the team and the Gridiron Club. If you are new to the football program please check out our website at www.redrocketeers.com. Each week during the season it is updated with news, important dates, game scores, game photos, and much more. We look forward to seeing you all at the field!

The Monday Night Gridiron Club

Tradition

North Attleboro takes great pride in our football program. For decades the Red Rocketeers have been one of Massachusetts' premiere interscholastic football programs. As part of Big Red Football your sons will be asked to maintain a very high standard on and off the field. The lessons they learn relative to dedication, sacrifice, and being part of a team will serve them well the rest of their lives. Success will be derived from a commitment to preparation and hard work. Your sons will be challenged physically and mentally.

Three New Leaders

This season's tri-captains are **Jack Blase, Matt D'Attilio, and Evan Sweeney**. All three have distinguished themselves in the eyes of their teammates and they are charged with continuing North's dedication to LTD. (Loyalty, Toughness, and Discipline).

Preparation for a successful season starts long before August. The off-season weight training/strengthening program, a foundation for success on the field, has been in full swing since the end of school in June and varsity skilled position players have been working on offensive and defensive passing skills in the Bridgewater-Raynham Passing League.

To further prepare themselves for the challenges of the season ahead, captains' practice, a rigorous routine of fitness drills, will begin **July 29** and continue three days per week until the start of official coaches' practices.

Parent's Meeting

This year's Pre-Season Parent's Meeting is tentatively scheduled for **Sunday, August 18th at 6:00 pm**. Due to the construction project at the high school the location has yet to be determined. Coach Johnson will send notice when specific details are available. **Parents of all players are encouraged to attend.** Head Coach Johnson and the entire coaching staff will discuss this year's program and their expectations. This meeting will be especially informative, as the schedules and practice routines for the season will be explained in detail. **Incoming freshman parents, in particular, are strongly encouraged to attend.**

Schedule

The first varsity coaches' practice of the season is currently scheduled for Monday August 19th. The entire pre-season and game schedules follow. Please be aware all dates and times are subject to change due to weather conditions, field conditions, gym availability, and/or other factors. **Attendance is absolutely mandatory** for all official team practices and activities.

Scrimmages

Scrimmages are currently scheduled for;

- **Saturday August 24th at Beapre Field v. Milford at 10:00 AM - VARSITY**
- **Wednesday August 28th at Natick vs. Natick/Braintree at 4:00 PM - VARSITY**

- **Saturday August 31st at Dartmouth at 10:00 AM – VARSITY & FRESHMEN.**

If a scrimmage is cancelled due to weather, it would most likely be played the next day, including Sundays.

Pre-Season Cookout

Immediately following the August 24th scrimmage the Monday Night Gridiron Club will be hosting our annual pre-season cookout for all players and their families; freshmen, JV, and varsity. We encourage everyone to attend and get to know the players, families, and coaches. Food is supplied by the Gridiron Club but we do ask that you supply your own beverages (non-alcoholic).

PRE-SEASON SCHEDULE (Varsity/JV)

DATE	VARSITY		FRESHMEN	
Aug. 12	6:00pm	User Fee Collection NAMS Gym	6:00PM	User Fee Collection NAMS Gym
Aug. 14	9:00am	Team Meeting – PAPERWORK DUE , Helmets distributed	11:00am	Team Meeting
Aug. 18	4:00pm	Fitness Testing Part 1		
	6:00pm	Parents' Night	6:00pm	Parents' Night
Aug. 19	9:00am	Fitness Testing Part 2 & ImPACT Testing	8:00am	ImPACT Testing & Fitness Testing
	5:00pm	Practice (helmets only)		
Aug. 20	9:00am	Equipment Distribution & ImPACT Testing	9:00am	1 st Practice & Fitness Testing
	5:00pm	Practice (helmets only)		
Aug. 21	9:00am	Organized Team Activity	9:00am	Practice (helmets only)
	5:00pm	Practice (helmets only)		
Aug. 22	9:00am	Practice (full pads)	9:00am	Practice (helmets only)
	4:00pm	Organized Team Activity	6:00pm	Practice (helmets only) walk through
	7:00pm	Practice (full pads)		
Aug. 23	9:00am	Practice (full pads)	9:00am	Practice (full pads)
	4:00pm	Organized Team Activity	6:00pm	Practice (full pads)
	7:00pm	Practice (full pads)		
Aug. 24	10:00am	Scrimmage v. Milford (Beaupre)	10:00am	Attend varsity scrimmage
	12:00pm	Gridiron Cookout	12:00pm	Gridiron Cookout
Aug. 26	9:00am	Organized Team Activity	9:00am	Practice (full pads)
	5:00pm	Practice (full pads)	6:00pm	Practice (full pads)
Aug. 27	9:00am	Organized Team Activity	9:00am	Practice (full pads)
	5:00pm	Practice (full pads)		
Aug. 28	9:00am	Organized Team Activity	9:00am	Practice (full pads)
	4:00pm	Scrimmage @ Natick/Braintree		
Aug. 29	9:00am	Organized Team Activity	9:00am	Practice (full pads)
	3:00pm	Practice (full pads)		
Aug. 30	9:00am	Practice (helmets only)	9:00am	Practice (full pads)
	3:00pm	Practice (full pads)		
Aug. 31	10:00am	Scrimmage @ Dartmouth	10:00am	Scrimmage @ Dartmouth
Sep. 2	5:00pm	Practice (LABOR DAY)	5:00pm	Practice (full pads)
Sep. 3	3:00pm	Practice	3:00pm	Practice (full pads)
Sep. 4	3:00pm	Practice	3:00pm	Practice (full pads)
Sep. 5	3:00pm	Practice	3:00pm	Practice (full pads)
Sep. 6	7:00pm	1 st Game v. BC High (Community)	3:00pm	Practice (full pads)

Monday Night Gridiron Club Membership

In addition to presentations by the coaches on August 18th, you will have the opportunity to learn more about the **Monday Night Gridiron Club**. The Gridiron Club is the non-profit booster club founded to provide the team and coaches with the tools and support they need to run a successful program. For many years the school's budget has not been able to provide the football program with everything needed. This is where the **Monday Night Gridiron Club** steps in. Through fundraising the club is able to provide the team with items that they would otherwise have to go without. Out of necessity in recent years the Gridiron Club has purchased helmets, game pants, game jerseys, practice jerseys, sideline headphones, rib pads, chin straps, and blocking pads. The Gridiron Club also funds a scholarship awarded annually to a graduating senior and provides stipends for volunteer coaches. The ongoing needs of a successful program with 140 players are substantial and more than the town is currently able to provide.

Some individuals have the mistaken impression that the football program is heavily funded and all needs are readily filled. I can assure you that is not the case. The misunderstanding often seems to stem from the belief that the high school football program receives the revenue from gate receipts and concessions. All gate receipts or ticket sales go directly to the school system to support busing costs for all the school funded sports programs. The concession stand is operated by and for the benefit of the North Attleboro Pop Warner Junior Football program. Football is fortunate to be a "school funded" program but the current funding level does not go beyond the most basic needs. The ability of the Monday Night Gridiron Club to provide additional support has never been more important.

Gridiron Club memberships are one of the primary fund raisers. A Gridiron Club membership form is attached for your reference and the Gridiron Club will be set up in the high school lobby on Parents' Night. We invite all parents to become active supporters of the club and the program. Membership is \$25 per family and, although it is not mandatory, we ask that every family contribute if possible. In 2012 there were 108 Gridiron Club members. With 140 families involved in the football program we hope to surpass that number in 2013. When you sign up you will receive a "Gridiron Gang" t-shirt to show your support and your name will appear in the program book sold at all home games. To learn more please visit our website, www.redrocketeers.com.

Enjoy the rest of the summer and get ready for a great fall!

GAME SCHEDULE

2013 Big Red Schedule	2013 JV Schedule	2013 Freshmen Schedule
Fri. 9/6 v. BC High	Sat. 9/7 at BC High 12:00	Sat. 9/7 at BC High 10:00
Fri. 9/20 v. Bishop Feehan	Sat. 9/21 @ Bishop Feehan 10:00	Thu. 9/19 v. Bishop Feehan 3:30
Fri. 9/27 @ Mansfield	Mon. 9/30 v. Mansfield 3:30	Thu. 9/26 @ Mansfield 3:30
Fri. 10/4 @ King Philip	Mon. 10/7 v. KP 3:30	Thu. 10/3 @ KP 3:30
Fri. 10/11 @ Attleboro	Mon. 10/14 v. Attleboro 3:30	Thu. 10/10 @ Attleboro 3:30
Fri. 10/18 v. Franklin	Mon. 10/21 @ Franklin 3:30	Thu. 10/17 v. Franklin 3:30
Fri. 10/25 v. Taunton	Mon. 10/28 @ Taunton 3:30	Thu. 10/24 v. Taunton 3:30
<i>Fri. 11/1 To Be Determined</i>	Mon. 11/4 @ Stoughton 3:30	Thu. 10/31 v. Stoughton 3:30
<i>Fri. 11/8 To Be Determined</i>	Mon. 11/11 v. Canton 9:30	Thu. 11/7 @ Canton 3:00
<i>Fri. 11/15 To Be Determined</i>	Mon. 11/18 @ Foxboro 3:00	Thu. 11/14 v. Foxboro 3:00
<i>Fri. 11/22 To Be Determined</i>		
Thurs. 11/28 v. Attleboro		
<u>GO BIG RED!!!</u>		

NEW PLAYOFF FORMAT: Due to the new Massachusetts Interscholastic Athletic Association football playoff system varsity games after week seven will be determined by playoff seed or for non-qualifying teams by MIAA Scheduling Committee. For more information on the playoff system visit <http://mhsfca.weebly.com/playoff-proposal.html>.



Monday Night Gridiron Club

P.O. Box 1382
Attleboro Falls, MA 02763
www.redrocketeers.com

The Monday Night Gridiron Club strives to provide support and financial assistance to the North Attleboro High School Football Program. With the current school funding challenges the need for help has never been greater. All proceeds directly benefit the North Attleboro High School Football Program.

Monday Night Gridiron Club members are proudly listed in the football program ad book and receive a "Gridiron Gang" t-shirt to show their generous support of their community, neighbors, and the North Football Tradition.

2013 MEMBERSHIP

Name: _____ *As will appear in program*

Please check all that apply:

Address: _____

☐

Friend of the Red Rocketeers

Telephone: _____

☐

Red Rocketeer Alumni – Class of: _____

Email: _____

☐

Parent of Player(s)
Player(s) Name(s): _____

Membership dues: \$25.00 per family - Additional shirts available at \$10 each

Total Amount

Please make checks payable to & mail to:

Membership: \$25.00

Monday Night Gridiron Club

Additional Shirts:

P.O. Box 1382

:

Attleboro Falls, MA 02763

Additional Contribution: _____

TOTAL

Shirt Size/s: _____

TEXAS HOLD'EM TOURNAMENT for the benefit of NAHS Football

All proceeds go to the Monday Night Gridiron Club for the benefit of the North Attleboro High School Football Program. Mark your calendar for Saturday October 12 at the Falls AC at 3:00PM and help support North Football. The number of participants will be limited to 81.

Entry fee is \$50 (re-buy available for \$25, limit one per player).

Prizes; 1st=\$400, 2nd=\$300, 3rd=\$200, 4th=\$100, 5th–9th=\$50.

We will forward more information as available. Check our website, www.redrocketeers.com, for updates.