



Monday Night Gridiron Club Newsletter

P.O. Box 1382
Attleboro Falls, MA

"Message from the Gridiron Club"

Welcome to Big Red Football 2017!

I hope everyone is enjoying the summer. Before you know it, we will be spending our Friday nights at Community Field cheering on Head Coach Don Johnson and the 2017 Red Rocketeers as they embark on the new season. This newsletter will hopefully provide you with some useful information concerning both the team and the Gridiron Club. If you are new to the football program please check out our website at www.redrocketeers.com. Each week during the season it is updated with news, important dates, game scores, game photos, and much more. We look forward to seeing you all at the field!

The Monday Night Gridiron Club

Tradition

North Attleboro takes great pride in our football program. For decades, the Red Rocketeers have been one of Massachusetts' premier interscholastic football programs. As part of Big Red Football, your sons will be asked to maintain a very high standard on and off the field. The lessons they learn relative to dedication, sacrifice, and being part of a team will serve them well the rest of their lives. Success will be derived from a commitment to preparation and hard work. Your sons will be challenged physically and mentally.

Three New Leaders

This season's tri-captains are #7 **Chad Peterson**, #33 **Zach DeMattio** & #62 **Sam Bullock**. All three have distinguished themselves in the eyes of their teammates and they are charged with continuing North's dedication to LTD. (Loyalty, Toughness, and Discipline).

Preparation for a successful season starts long before August. The off-season weight training/strengthening program, a foundation for success on the field, has been in full swing since the end of school in June and varsity skilled position players have been working on offensive and defensive passing skills in Passing League.

To further prepare themselves for the challenges of the season ahead, captains' practice, a rigorous routine of fitness drills, will begin **Monday, July 31st** and continue three days per week until the start of official coaches' practices.

Parent's Meeting

This year's Pre-Season Parent's Meeting is scheduled for **Sunday, August 20th at 6:00 pm at the High School lobby and auditorium. Parents of all players are encouraged to attend.** Head Coach Johnson and the entire coaching staff will discuss this year's program and their expectations. This meeting will be especially informative, as the schedules and practice routines for the season will be explained in detail. Incoming freshman parents, in particular, are strongly encouraged to attend.

The Monday Night Gridiron Club will be set up at the entrance to the auditorium with information on becoming a member of the Gridiron Club, as well as displaying its **Updated, All New Apparel**. Please visit our website www.redrocketeers.com and look for the new apparel order site gridiron17.itemorder.com which will be open for orders **July 31st thru August 6th**. The Gridiron Club will also offer the opportunity for family members to purchase personal ads for players and cheerleaders. **Don't forget your check book so you can take advantage of everything available before the start of the season.**

The Gridiron is also pleased to announce a new Alumni Association. Those interested can contact our Alumni Committee for more details at mngialumni@outlook.com.

The Gridiron Club's primary fund-raising efforts go into the Red Rocketeers ad book sold at all home games. Ads are solicited by the Directors of the Gridiron; however, everyone is welcome and encouraged to participate in this year's ad book sales. See attached ad book for details if you or someone you know would like to advertise. For more information please contact nahsmngi@gmail.com.

Schedule

The first team meeting will take place Wednesday August 16th with a 4PM meeting at the High School and the 1st varsity coaches' practice of the season is currently scheduled for **Friday August 18th**. The entire pre-season and game schedules follow. Please be aware all dates and times are subject to change due to weather conditions, field conditions, gym availability, and/or other factors. **Attendance is absolutely mandatory** for all official team practices and activities

Scrimmages

Scrimmages are currently scheduled for:

- **Sat. Aug. 26 – vs. Marshfield 5:00 p.m. @Community Field (followed by Team Cookout)**
- **Wed Aug. 30 – vs. Braintree 3:30 p.m. Beaupre Field**
- **Sat. Sept. 2 – at Bridgewater-Raynham 10:00 a.m. @ BRHS**

Pre-Season Cookout

Immediately following the Saturday, August 26th scrimmage, the Monday Night Gridiron Club will be hosting our annual pre-season cookout for all players and their families: freshmen, JV, and varsity. We encourage everyone to attend and get to know the players, families, and coaches. Food is supplied by the Gridiron Club but we do ask that you supply your own beverages (non-alcoholic). You will receive a flyer with more details prior.

PRE-SEASON SCHEDULE

DATE	VARSITY		FRESHMEN	
Wed. Aug. 16	4:00 pm	Team Meeting-Equip./Lockers etc. Hard Copy of Physical Exam due	6 pm	Team Meeting-Equip./Lockers etc.
Thurs. Aug. 17	6:00 pm	Last Capt. Practice	4:30 pm	Frosh only Capt. practice
Fri. Aug. 18	9:00 am 5:00 pm	Team Lift/Workout Day Practice – Helmets only	4:30 pm	Practice – Helmets only
Sat. Aug. 19	8:00 am	Practice – Helmets only (followed by equip. distribution)	10 am	Practice – Helmets only (followed by equip. distribution)
Sun. Aug. 20	---	Day off (Parent Mtg. -6 p.m)	---	Day Off – Parent Mtg. 6 p.m.
Mon. Aug. 21	9:00 am 5:00 pm	Position Meetings Practice – Helmets only	3 pm 4:30 pm	ImPACT Testing Practice – Helmets only
Tues. Aug. 22	3:00 pm 5:00 pm	ImPACT Testing-Jr's.+ new players Practice – Helmets + Sh. Pads	4:30 pm	Practice – Helmets + Sh. Pads
Wed. Aug. 23	9:00 am 5:00 pm	1,000 lb. Club Testing Practice – Helmets + Sh. Pads	4:30 pm	Practice – Helmets + Sh. Pads
Thurs. Aug. 24	9:00 am 5:00 pm	Meetings + Walkthrough-no pads Practice – Full Pads	9:00 am 4:30 pm	Meetings + Walkthrough Practice – Full Pads
Fri. Aug. 25	9:00 am 5:00 pm	Meetings + Walkthrough-no pads Practice – Full Pads	9:00 am 4:30 pm	Meetings + Walkthrough Practice – Full Pads
Sat. Aug. 26	5:00 pm	Scrimmage vs Marshfield-home (followed by Cookout)	5:00 pm	Scrimmage vs.Marshfield-home (followed by Cookout)
Sun. Aug. 27	---	Day off	---	Day Off

Mon. Aug. 28	3:00 pm 5:00 pm	Film Review Practice – Full Pads	3:00 pm 4:30 pm	Film Review Practice – Full Pads
Tues. Aug. 29	3:00 pm 5:00 pm	Film Review Practice- Full Pads	4:30 pm	Practice – Full Pads
Wed. Aug. 30	9:00 am 3:30 pm	Team Pictures Scrimmage Vs Braintree-home	3:30 pm	Scrimmage vs. Braintree-home
Thurs. Aug 31	3:00 pm 5:00 pm	Film Review Practice – Full Pads	3:00 pm 4:30 pm	Film Review Practice – Full Pads
Fri. Sept. 1	3:00 pm	Practice – Full Pads	3:00 pm	Practice – Full Pads
Sat. Sept. 2	10 a.m.	Scrimmage @ Bridgewater-Raynham		TBA
Sun. Sept. 3	---	Day off	---	Day Off
Mon. Sept. 4 (Labor Day)	3:00 pm 5:00 pm	Film Review Practice – Full Pads	3:00 pm 4:30 pm	Film Review Practice-Full Pads
Tue. Sept. 5	School Begins	Practice at 3:00 pm	School Begins	Practice at 3 pm

Monday Night Gridiron Club Membership

In addition to presentations by the coaches on August 20th, you will have the opportunity to learn more about the **Monday Night Gridiron Club**. The Gridiron Club is the non-profit booster club founded to provide the team and coaches with the tools and support they need to run a successful program. For many years the school's budget has not been able to provide the football program with everything needed. This is where the **Monday Night Gridiron Club** steps in. Through fundraising, the club is able to provide the team with items that they would otherwise have to go without. Out of necessity, in recent years the Gridiron Club has purchased helmets, game pants, game jerseys, practice jerseys, sideline headphones, rib pads, chin straps, and blocking pads. The Gridiron Club also funds a scholarship awarded annually to a graduating senior and provides stipends for volunteer coaches. The ongoing needs of a successful program with over a hundred players are substantial and more than the town is currently able to provide.

Some believe that the football program is heavily funded and all needs are readily filled. This seems to stem from the belief that the high school football program receives the revenue from gate receipts and concessions. All gate receipts or ticket sales go directly to the school system to support busing costs for all the school funded sports programs. The concession stand is operated by and for the benefit of the North Attleboro Pop Warner Junior Football program. Football is fortunate to be a "school funded" program but the current funding level does not go beyond the most basic needs. The ability of the Monday Night Gridiron Club to provide additional support has never been more important.

As stated above, the Gridiron Club will be set up in the high school lobby on parents' night and membership forms will be available if you want to show family and player support. We invite all parents to become active supporters of the club and the program. Membership is \$25 per family and, although it is not mandatory, we ask that every family contribute if possible. When you sign up you will receive a "Gridiron Gang" logo tote bag to show your support and your name will appear in the program book sold at all home games. To learn more please visit our website, www.redrocketeers.com.

Enjoy the rest of the summer and get ready for a great fall!

GAME SCHEDULE

2017 Big Red Schedule**2017 JV Schedule****2017 Freshmen Schedule**

Fri. 9/8 at King Philip 7 pm
Fri. 9/15 at B. Feehan 7 pm
Sat. 9/22 vs. **Sharon** 4 pm
Fri. 9/29 at Milford 7 pm
Fri. 10/6 vs. **Foxboro** 7 pm
Fri. 10/13 at Stoughton 7 pm
Fri. 10/20 vs. **Canton** 7 pm
Fri. 10/2 Play-offs
Fri. 11/3 Play-offs
Fri. 11/10 Play-offs
Th. 11/23 vs. **Attleboro** 10 am

Mon. 9/11 vs. **K. Philip** 3:45 pm
Mon. 9/18 vs. **Feehan** 3:45 pm
Mon. 9/25 Bye
Sat. 9/30 at Milford 2:00 pm
Mon. 10/9 vs. **Foxboro** 3:45 pm
Sat. 10/14 at Stoughton 2:00 pm
Sat. 10/21 at Mansfield 10:00 am
Mon. 10/30 vs. **Franklin** 3:45 pm
Mon. 11/6 Bye
Mon. 11/13 vs. **Taunton** 3:00 pm
Sat. 11/18 at Attleboro 12:00 pm

Thurs. 9/7 vs. **K. Philip** 3:45 pm
Thurs. 9/14 vs. **Feehan** 3:45 pm
Thurs. 9/21 Bye
Sat. 9/30 at Milford 12:00 pm
Thurs. 10/5 vs. **Foxboro** 3:45 pm
Sat. 10/14 at Stoughton 12:00 pm
Thurs. 10/19 at Mansfield 6:00 pm
Thurs. 10/26 vs. **Franklin** 3:45 pm
Thurs. 11/2 Bye
Thurs. 11/9 vs. **Taunton** 3:00 pm
Sat. 11/18 at Attleboro 10:00 am