



Monday Night Gridiron Boosters Club Newsletter

P.O. Box 1382
Attleboro Falls, MA

"Message from the President"

Welcome to Big Red Football 2010!

I hope everyone is enjoying their summer. Before you know it, we will be spending our Friday nights gathered at Community Field cheering on Head Coach Don Johnson and the 2010 Red Rocketeers as they embark on the 2010 season. This newsletter will hopefully provide you with answers to most of your questions concerning both the team and the Gridiron Club. If you are new to the program please check out our website at www.redrocketeers.com. Each week during the season it is updated with important news, dates to remember, game scores, game photos, and much more. We look forward to seeing you all at the field!

John Holden – Gridiron Club President 2010

Tradition

North Attleboro takes great pride in our football program. For decades the Red Rocketeers have set a standard of excellence for Big Red Football and the young men involved. The stage is again being set to continue that tradition as we head towards another exciting season. Success is derived from a commitment to hard work, both on and off the field. It starts in the classroom, is reinforced on the practice field, and supported at home.

Three New Leaders

This season's tri-captains are **Ryan Flannery, Dan Johnson and Bob Richman**. All three continue the dedication to what is known in North Attleboro as LTD. (Loyalty, Toughness, and Discipline). The off-season weight training/strengthening program, a foundation for success on the field, has been in full swing since the end of school in June. This year captains' practice, a rigorous routine of fitness drills, will begin on Monday August 2nd as the players prepare themselves for the season ahead.

Parent's Meeting

This year's Pre-Season Parent's Meeting will be held for all parents on **Sunday, August 22nd at 6:00 pm**, in the high school theatre. **Parents of all players are invited to attend.** Head Coach Don Johnson and the entire coaching staff will describe this year's football program and their expectations. This meeting will be especially informative, as the schedules and practice routines for the season will be explained in detail. **INCOMING FRESHMEN PARENTS ARE STRONGLY ENCOURAGED TO ATTEND THIS MEETING.**

Schedule

The first coaches' practice of the season is on Monday August 23rd. The entire varsity pre-season schedule follows. **Please keep this for future reference.** Also please be aware all times are subject to change due to weather conditions, field conditions, gym availability, and/or other factors. **Attendance is mandatory** at these practices. Note that scrimmages are tentatively scheduled for Sat. Aug. 28th at Beaupre field vs. BC High and Marshfield at 4 p.m., Wed. Sept. 1st at Taunton at 6 p.m., and Sat. Sept. 4th at Braintree at 10 a.m. The Marshfield and Braintree scrimmages will also include the freshmen. If a scrimmage is cancelled due to weather, it would most likely be played the next day, including Sundays.

PRE-SEASON SCHEDULE (Varsity/JV)

August 22	4:00 PM	Fitness Testing Part 1
	6:00 PM	Parents' Night
August 23	9:00 AM	Fitness Testing Part 2 & ImPACT Testing
	5:00 PM	Practice (helmets only)
August 24	9:00 AM	Equipment Distribution & ImPACT Testing
	5:00 PM	Practice (helmets only)
August 25	9:00 AM	Organized Team Activity
	5:00 PM	Practice (helmets only)
August 26	9:00 AM	Practice (Full Pads)
	4:00 PM	Organized Team Activity
	7:00 PM	Practice (Full Pads)
August 27	9:00 AM	Practice (Full Pads)
	4:00 PM	Organized Team Activity
	7:00 PM	Practice (Full Pads)
August 28	4:00 PM	Tri- Scrimmage v. BC High & Marshfield (Beaupre Field)
	6:00 PM	Gridiron Cookout
August 30	9:00 AM	Organized Team Activity
	5:00 PM	Practice (Full Pads)
August 31	9:00 AM	Organized Team Activity
	5:00 PM	Practice (Full Pads)
September 1	9:00 AM	Organized Team Activity
	2:30 PM	Pictures
	6:00 PM	Scrimmage at Taunton
September 2	9:00 AM	Organized Team Activity
	5:00 PM	Practice (Full Pads)
September 3	9:00 AM	Practice (Full Pads)
	3:00 PM	Practice (helmets only)
September 4	10:00 AM	Game Scrimmage at Braintree
September 6	5:00 PM	Practice
September 7	3:00 PM	Practice
September 8	3:00 PM	Practice
September 9	3:00 PM	Practice
September 10		First Game v. Dartmouth (7:00 PM Community Field)
September 11		JV Game at Dartmouth

Monday Night Gridiron Club Membership

In addition to presentations by the coaches on August 22nd, you will have the opportunity to learn more about the **Monday Night Gridiron Club**. The Gridiron Club is a non-profit booster club comprised of former players, parents, and other supporters of Big Red Football. The purpose of the club is to provide the team and the coaches with the tools and support they need to run a successful program. Even before the recent economic problems, the school's budget has not always been able to provide the football program with everything needed. This is where the **Monday Night Gridiron Club** steps in. Through vigorous fund-raising, the club is able to provide the team with items that they would otherwise likely have to go without. In recent years we have purchased game pants, game jerseys, practice jerseys, sideline headphones, rib pads, helmets, chin straps, and blocking pads. The Gridiron Club also funds a scholarship awarded annually to a graduating senior and provides stipends for volunteer coaches. The ongoing needs of a successful program with 150 players are substantial.

Some people are under the mistaken impression that the football program is heavily funded and coaches are able to purchase whatever is needed to run the program. This seems often to stem from misunderstandings relative to the revenue from gate receipts and concessions for home games. The gate receipts go to the school system, not the football program. The funds are used to support all programs. The concession stand is staffed and run by North Attleboro Junior Football. All proceeds go to the North Attleboro Pop Warner football program. Football is a school funded program but that funding does not go beyond the most basic needs. This is why the role of the Monday Night Gridiron Club has become so important.

In August we invite all parents to become active supporters of the club and the program. Membership is \$25 per family and, although it is not mandatory, we ask that every family contribute if possible. If you sign up at Parents' Night, you will receive a "Gridiron Gang" t-shirt to show your support and your family's name will appear in the program books sold at all home games. If you would like to learn more please visit our website, www.redrocketeers.com.

Enjoy the rest of the summer and get ready for a great fall!

2010 Big Red Schedule	2010 JV Football Schedule	2010 Freshmen Football Schedule
Fri. Sept. 10 vs. Dartmouth	Sat. Sept. 11 at Dartmouth	Sat. Sept. 11 at Dartmouth
Fri. Sept. 17 at Feehan	Sat. Sept. 18 vs. Feehan	Thu. Sept. 16 vs. Feehan
Fri. Sept. 24 vs. Sharon	Mon. Sept. 27 at Sharon	Thu. Sept. 23 at Sharon
Fri. Oct. 1 vs. Oliver Ames	Mon. Oct. 4 at Oliver Ames	Thu. Sept. 30 at Oliver Ames
Fri. Oct. 8 at Franklin	Mon. Oct. 11 vs. Franklin	Thu. Oct. 7 vs. Franklin
Fri. Oct. 15 vs. Canton	Mon. Oct. 18 at Canton	Thu. Oct. 14 at Canton
Fri. Oct. 22 at Foxboro	Mon. Oct. 25 vs. Foxboro	Thu. Oct 21 vs. Foxboro
Fri. Oct. 29 vs. Mansfield	Mon. Nov. 1 at Mansfield	Thu. Oct. 28 at Mansfield
Fri. Nov. 5 at Stoughton	Mon. Nov. 8 vs. Stoughton	Thu. Nov. 4 vs. Stoughton
Sat. Nov. 13 vs. King Philip	Mon. Nov. 15 at King Philip	Thu. Nov. 11 at King Philip
Thurs. Nov. 25 at Attleboro	Sat. Nov. 20 vs. Attleboro	Sat. Nov. 20 vs. Attleboro
Play-offs - TBA		
<u>GO</u> <u>BIG</u> <u>RED!!!</u>		